## 1940 Supplement

## WHITE FRUIT CAKE



## CIDER PLUM PUDDING

2 eggs
$1 / 2$ cup cider
$3 / 4$ cup light brown sugar
$1 / 2$ cup bread flour
teaspoons baking powder
teaspoon soda
teaspoon cinnamon
$1 / 2$ teaspoon nutmeg
$1 / 2$ teaspoon salt
1 cup day old bread crumbs
1 cup finely chopped apple
$3 / 4$ cup white raisins
$1 / 4$ cup finely cut citron
$1 / 2$ cup finely cut dates
$1 / 2$ cup finely cut figs
$1 / 2$ cup broken walnuts

1. Beat eggs well. Add cider and brown sugar.
2. Sift together flour, baking powder, soda, cinnamon, nutmeg and salt. Add bread crumbs.
3. Combine finely chopped fruit and nuts. Mix well with dry ingredients.
4. Combine liquid and dry ingredients.
5. Pour into greased 6 cup mold. Cover.

6 . Steam for $11 / 2$ hours.
NOTE: 1 cup finely chopped suet may be added. If so, steam for about 5 hours instead of $11 / 2$.

## Sauce

$1 / 2$ cup butter
1 cup light brown sugar
1 beaten egg yolk
$1 / 4$ cup cider
$1 / 8$ teaspoon salt

1. Cream butter. Add brown sugar and salt. Cream well.
2. Add beaten egg yolk and cider.
3. Cook in double boiler for about 5 minutes beating constantly.

## FROSTED CHOCOLATE DROP COOKIES

$1 / 2$ cup butter
1 cup light brown sugar
1 egg
2 squares unsweetened chocolate
$11 / 2$ cups cake flour
$1 / 4$ teaspoon salt
$1 / 2$ teaspoon soda 1 teaspoon baking powder
1 cup black walnuts, chopped $1 / 4$ cup evaporated milk
$1 / 4$ cup water
1 teaspoon vanilla

1. Cream butter, add sugar and blend well.
2. Add egg, beat until light and fluffy.
3. Melt chocolate. Cool. Add to creamed mixture and blend well.
4. Sift dry ingredients together; add nuts.
5. Dilute evaporated milk with water.
6. Add dry ingredients alternately with milk to creamed mixture. Add vanilla.
7. Drop by teaspoonfuls on slightly greased cookie sheets.
8. Bake at 400 degrees about 15 to 20 minutes.
9. Spread with frosting while still warm.
10. Makes about 5 dozen.

## Frosting

$11 / 2$ squares unsweetened chocolate
1 egg yolk, slightly beaten
3 tablespoons evaporated milk
$11 / 2$ cups powdered sugar

1. Melt chocolate, let cool slightly.
2. Stir in egg yolk and milk.
3. Add powdered sugar gradually and beat until consistency to spread.

## PRUNE CREAM COOKIES

$1 / 3$ cup butter
$11 / 2$ cups light brown sugar
eggs
3 cups bread flour
4 teaspoons baking powder
$1 / 2$ teaspoon soda
$1 / 2$ teaspoon mace
1 cup quick rolled oats, ground
1 cup sour cream
$11 / 2$ cups cooked prunes, cut in pieces

1. Cream butter. Add sugar. Cream well.
2. Add eggs one at a time. Beat well after the addition of each.
3. Sift together flour, baking powder, soda and mace. Add ground rolled oats.
4. Add dry ingredients alternately with sour cream to creamed mixture.
5. Add prunes and combine well.
6. Drop from teaspoon onto greased cookie sheet.
7. Bake at 425 degrees for 12 to 15 minutes.
8. Makes about 8 dozen.

## ORANGE CREAM DROPS

$1 / 2$ cup whipping cream<br>$1 / 4$ cup sugar<br>$1 / 2$ cup chopped, blanched almonds

1. Mix cream and sugar together.
2. Add rest of ingredients and mix well.
3. Drop by teaspoonfuls, one inch apart, on greased cookie sheet.
4. Bake at 350 degrees about 12 to 15 minutes.
5. Makes 20.

NOTE: If sour cream is used, add $1 / 8$ teaspoon soda to flour.

## COFFEE DROPS

6 egg yolks<br>$11 / 3$ cups powdered sugar<br>$21 / 2$ cups ground, unblanched almonds<br>$1 / 4$ cup finely pulverized coffee<br>1 teaspoon vanilla<br>6 egg whites, stiffly beaten<br>1. Beat egg yolks until thick and lemon colored.<br>2. Add sugar, nuts, coffee and vanilla and mix well.<br>3. Fold in stiffly beaten egg whites.<br>4. Drop by teaspoonfuls on greased cookie sheets.<br>5. Bake at 325 degrees for about 30 minutes.<br>6. Makes 5 dozen.

## NESSELRODE COOKIES

| $1 / 2$ | cup butter |
| ---: | :--- |
| 1 | cup light brown sugar |
| 1 | egs |
| $1 / 2$ | tablespoon brandy |
| $11 / 2$ | cups cake flour |
| $1 / 2$ | teaspoon baking powder |

$1 / 4$ teaspoon soda
$1 / 4$ teaspoon salt
$1 / 2$ cup mixed glazed fruit,
finely cut (pineapple,
citron, cherries)
$1 / 2$ cup broken walnuts

1. Cream butter. Add brown sugar. Cream well.
2. Add egg and brandy. Beat well.
3. Sift together flour, baking powder, soda and salt. Combine with fruit and nuts. Add to creamed mixture.
4. Drop from teaspoon about 2 inches apart on well greased cookie sheets.
5. Bake in a 350 degree oven for about 15 or 18 minutes.
6. Makes about $31 / 2$ dozen.

## HONEY SOUR CREAM COOKIES

$1 / 2$ cup butter
$3 / 4$ cup light brown sugar
$1 / 2$ cup honey
2 egg yolks
2 tablespoons sour cream

2 cups and 2 tablespoons bread flour
$1 / 2$ teaspoon soda
$1 / 4$ teaspoon salt
$1 / 2$ cup bran
$1 / 2$ cup chopped pecans

1. Cream butter. Add brown sugar. Cream well.
2. Add honey, egg yolks and sour cream. Beat well.
3. Sift together flour, soda and salt. Add bran and nut meats.
4. Add dry ingredients to creamed mixture.
5. Drop by teaspoonfuls onto greased cookie sheet.
6. Bake at 350 degrees for 12 or 15 minutes.
7. Makes about 6 dozen.

## PUFFED WHEAT CRISPS

$1 / 2$ cup soft butter cup light brown sugar egg
$1 / 3$ cup bread flour

1. Cream butter and sugar. Add egg. Beat well.
2. Sift together flour and baking powder. Add to creamed mixture.
3. Fold in nut meats and puffed wheat.
4. Drop from teaspoon onto well greased cookie sheet about 2 inches apart.
5. Bake in a 400 degree oven for 6 or 8 minutes.
6. Let stand only 2 minutes and then remove from cookie sheet with spatula.
7. Makes about 7 dozen.

## SESAME SEED COOKIES

```
1/2 cup butter
    cup sugar
    1 ~ e g g
1/4 cup water
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$11 / 2$ cups bread flour
teaspoon baking powder
$1 / 4$ teaspoon salt
1 tablespoon sesame seed

1. Cream butter, add sugar and blend well.
2. Add egg and beat until light and fluffy. Add water.
3. Sift dry ingredients together, add to creamed mixture with seed. Let chill in refrigerator about 2 hours.
4. Roll thin and cut in desired shapes.
5. Bake at 350 degrees for about 10-15 minutes.
6. Makes about 9 dozen.

## CARAMEL SHORTBREAD

1 cup butter
$22 / 3$ cups cake flour
2/3 cup light brown sugar

1. Cream butter. Add sugar. Cream well.
2. Work in flour. Chill.
3. Roll about $1 / 3$ inch thick. Cut with cookie cutter.
4. Brush with glazing.

## Glaxing

1 egg, beaten 2 tablespoons milk
5. Bake on cookie sheets in a 325 degree oven for 25 or 30 minutes.
6. Makes about 6 dozen $11 / 2$ inch cookies.

## TOASTED OATMEAL WAFERS

$1 / 2$ cup butter
$3 / 4$ cup light brown sugar
$\begin{array}{ll}2 & \text { eggs } \\ 3 / 4 & \text { cup toasted quick oatmeal }\end{array}$
$1 / 4$ teaspoon salt

1. Cream butter. Add sugar. Cream well.
2. Add eggs one at a time. Beat well after the addition of each.
3. Spread quick oatmeal on cookie sheet and toast in slow oven or under broiler until slightly brown.
4. Combine dry ingredients and raisins. Add to creamed mixture.
5. Chill. Form into roll about 2 inches in diameter. Chill over night.
6. Slice $1 / 4$ inch thick. (Reshape with fingers if necessary but do not reroll or add more flour.)
7. Bake on greased cookie sheet in a 350 degree oven for 15 or 18 minutes.
8. Makes about 4 dozen.

## PEANUT COOKIES

| $\mathbf{1}$ cup butter | 1 | teaspoon soda |
| :--- | ---: | :--- |
| $\mathbf{2}$ cups light brown sugar | 1 teaspoon cream of tartar |  |
| $\mathbf{2}$ eggs | $1 / 4$ teaspoon salt |  |
| $\mathbf{3}$ cups cake flour | 1 | cup ground peanuts |

1. Cream butter. Add sugar. Beat well.
2. Add eggs one at a time. Beat well after the addition of each.
3. Sift together dry ingredients. Combine with ground peanuts. Add to creamed mixture.
4. Chill dough.
5. Shape into rolls. Chill again until firm.
6. Slice thin. Place on greased cookie sheet.
7. Bake at 375 degrees for about 10 minutes.
8. Makes about 12 dozen small cookies.

NOTE: Omit salt if salted peanuts are used.

# CORNFLAKE DREAM BARS 

| Bottom Layer |  |  |
| :--- | :--- | :---: |
| $1 / 4$ cup butter | 1 cup bread flour |  |
| $1 / 2$ cup light brown sugar |  |  |

1. Cream butter. Add brown sugar and cream well. Add flour.
2. Press into well greased $9 \times 13 \times 11 / 2$ inch pan.
3. Bake in a 350 degree oven for about 15 minutes.

## Top Layer

| 2 eggs | 1 cup cornflakes |
| :--- | :--- |
| 1 cup light brown sugar | 1 cup moist coconut |
| 1 teaspoon vanilla | 1 cup broken walnuts |
| $1 / 4$ | teaspoon salt |

1. Beat eggs. Add sugar. Continue beating until light and fluffy.
2. Fold in remaining ingredients.
3. Spread on top of baked crust.
4. Bake at 350 degrees about 20-25 minutes.
5. Cut into strips or squares while warm.
6. Makes about 4 dozen.

## POPPY SEED STRIPS



## COCONUT CHEWS

## First Mixture

$1 / 3$ cup butter
$11 / 2$ cups bread flour
2 tablespoons powdered $\quad 1 / 8$ teaspoon salt sugar

1. Sift together dry ingredients. Cut in butter as for pastry.
2. Butter a $71 / 2 \times 111 / 2 \times 11 / 2$ inch pan and line with waxed paper. Press pastry firmly in pan. Cover with second mixture.

## Second Mixture

| 2 | egg yolks | $1 / 8$ teaspoon salt |
| ---: | :--- | :--- |
| $2 / 3$ | cup light brown sugar | 1 cup fine moist coconut |
| $1 / 4$ | teaspoon vanilla | 2 egg whites |
| 3 | tablespoons pastry flour |  |

## 3 tablespoons pastry flour

1. Beat egg yolks. Add brown sugar and beat well. Add vanilla.
2. Fold in flour, salt, coconut and stiffly beaten egg whites.
3. Spread over first mixture.
4. Bake in a 325 degree oven for about 40 minutes.
5. Allow to cool slightly in pan before cutting.
6. Makes about 3 dozen cookies.

## CHEWY BROWNIES

## 2 eggs

$11 / 4$ cups light brown sugar
1 teaspoon vanilla

2 squares unsweetened chocolate, melted
$1 / 2$ cup bread flour
1 cup nut meats, broken

1. Beat eggs until light.
2. Add sugar, vanilla and melted chocolate.
3. Add flour and half the nuts. Mix well.
4. Spread in a buttered $8 \times 8 \times 1$ inch pan and sprinkle the rest of nuts on top.
5. Bake at 350 degrees for about 25 to 30 minutes. Cool slightly and cut into squares.
6. Makes 16 squares.

## COCONUT GINGER ROLLS


$1 / 3$ cup butter
$1 / 4$ cup dark brown sugar
egg, beaten
cup milk
$1 / 4$ cup dark molasses
1 teaspoon vanilla
$13 / 4$ cups cake flour

## 1 teaspoon baking powder

1. Cream butter and sugar.
2. Blend together beaten egg, milk, molasses and vanilla.
3. Sift together flour, baking powder, spices and salt. Add alternately with liquid ingredients to creamed mixture.
4. Add grated coconut.
5. Chill in refrigerator until firm.
6. Form in $11 / 2$ inch strips about $1 / 3$ inch wide. Place on greased cookie sheets about 2 inches apart. (Cookies spread.)
7. Bake in a 350 degree oven for about 15 minutes.
8. Makes about 5 dozen.

## GRATED CHOCOLATE SLICES

| $1 / 2$ | cup butter | $1 / 2$ | teaspoon vanilla |
| :--- | :--- | :--- | :--- |
| $1 / 4$ | cup sugar | 1 | egs |
| 1 | square unsweetened | $11 / 2$ | cups bread flour |
|  | chocolate, grated | $1 / 4$ | teaspoon salt |

1. Cream butter, add sugar and grated chocolate and mix well. Add vanilla.
2. Add egg and mix until light and fluffy.
3. Add flour and salt and mix well. Let chill in refrigerator about 1 hour.
4. Break off $3 / 4$ of the mixture and form into a long hollow box ( $18 \times 21 / 2$ inches) on a greased cookie sheet.
5. Fill with filling and cover with remaining chocolate mixture made into a long, thin sheet which will just form cover for box. Pinch edges together.
6. Bake at 350 degrees for about 40 minutes.
7. Slice while warm and spread with glaze.
8. Makes about 6 dozen.

Filling
$1 / 3$ cup sugar
1 unbeaten egg white
2 cups ground unblanched almonds

1. Mix all ingredients thoroughly.

## Glaze

$3 / 4$ cup sugar
2 tablespoons lemon juice

1. Mix sugar and lemon juice together.

## HAZELNUT SLICES

1 cup ground hazelnuts
$1 / 3$ cup powdered sugar

1 unbeaten egg white Stiff raspberry or strawberry jam

1. Mix well the ground nuts, sugar and egg white.
2. Form into a long strip ( 14 inches long by 2 inches wide) on a greased cookie sheet.
3. Make a depression the length of the strip and fill with jam.
4. Bake at 350 degrees for about 15-20 minutes. Let cool.
5. When cool, cut into half inch slices and remove from sheet.
6. Makes about 20 slices.

## APPLE-OATMEAL BARS

| 1 | cup bread flour | $1 / 2$ cup butter <br> $1 / 2$ teaspoon salt | $21 / 2$ |
| :--- | :--- | ---: | :--- |
| cups sliced apples |  |  |  |
| $1 / 2$ | teaspoon soda | 2 | tablespoons butter |
| $1 / 2$ | cup light brown sugar | $1 / 2$ | cup sugar |
| 1 | cup |  |  |
|  |  |  |  |

1. Sift together flour, salt and soda. Mix with brown sugar and oatmeal.
2. Cut butter into dry ingredients until mixture is crumbly.
3. Press half of this mixture into a greased $71 / 2 \times 111 / 2 \times 1^{1 / 2}$ inch pan.
4. Arrange sliced apples over crumb mixture. Dot with butter and sprinkle with sugar.
5. Cover with remaining crumb mixture.
6. Bake at 350 degrees about 40 to 45 minutes.

## HAZELNUT PUFF BALLS

4 egg whites
$1 / 2$ pound ground hazelnuts
1 pound powdered sugar $1 / 2$ lemon rind, grated

1. Beat egg whites until they hold their shape.
2. Add sugar and continue beating for 5 minutes with electric mixer. Divide batter. Save half for icing.
3. Add ground nuts and lemon rind to other half of mixture.
4. Dip hands in powdered sugar and form small balls with nut mixture. Place on greased cookie sheet.
5. Make a dent in the center of each ball and fill with icing. Allow to dry for five minutes.
6. Bake at 325 degrees for about 15-18 minutes until icing is a delicate brown.
7. Makes about 30.
